

## CDC - FACT SHEET FOR YOUNG ADULTS

**From:** Centers for Disease Control and Prevention <[no-reply@emailupdates.cdc.gov](mailto:no-reply@emailupdates.cdc.gov)>

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**Subject:** Factsheets for Young Adults

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This message includes updates on the COVID-19 response from CDC. This is a rapidly evolving situation and information will be updated as it becomes available.

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Centers for Disease Control and Prevention  
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Coronavirus Disease 2019  
(COVID-19)

[CDC.gov/COVID19](https://www.cdc.gov/COVID19)

## Factsheets for Young Adults

CDC has produced a series of factsheets for young adults, ages 15-21. The factsheets cover a variety of topics, including what test results mean, how to stay safe at the pool or beach, how to wear a face covering and other preventive measures.

- [Wear a Cloth Face Covering to Protect You and Your Friends](#) [1 MB, PDF]
- [Help Protect Yourself and Others from COVID-19](#) [1 MB, PDF]
- [What Your Test Results Mean](#) [1 MB, PDF]
- [Slow the Spread of COVID-19](#) [1 MB, PDF]
- [Do it for Yourself and Your Friends](#) [1 MB, PDF]
- [Stay Safe at the Pool/Beach](#) [1 MB, PDF]

## More Info



# Centers for Disease Control and Prevention

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